



United States Army

World Class Athlete Program

An Army Morale, Welfare and Recreation Activity
U.S. Army Community and Family Support Center
4700 King Street, Alexandria, VA 22302-4418



Army Athlete Profile: Captain Anita Allen



Modern Pentathlon

Date of birth:
September 10, 1977

Hometown:
Star City, Indiana

Military Occupation:
Medical Service Corps

Military Rank:
Captain/O-3

Capt. Anita Allen, a member of the U.S. Army World Class Athlete Program stationed at Fort Carson, Colo., will compete Aug. 27 in the modern pentathlon for Team USA in the Olympic Games at Athens, Greece. Allen secured an Olympic berth by winning her event in the 2003 Pan American Games at Santo Domingo, Dominican Republic. She enters the Games ranked 27th in the world by Union Internationale De Pentathlon Moderne (UIPM).

Capt. Allen began competing three years ago in the five-sport, one-day event that includes pistol shooting, fencing, equestrian riding, swimming and cross-country running. Her career highlights include winning silver medals at the 2002 Pan American Championships, 2002 U.S. Modern Pentathlon #3, and 2003 U.S. Modern Pentathlon #1. In 2003, she captured bronze medals at the 2003 U.S. Modern Pentathlon #2 and the 2003 U.S. Pentathlon National Championships.

An officer in the Medical Service Corps, Allen entered the Army on July 1, 1996. She completed the Medical Service Corps Officer Basic Course at Fort Sam Houston, Texas, in March of 2001.

Capt. Allen says she joined the Army “to get a great education. The World Class Athlete Program is important to me because it allows me to fulfill my lifelong Olympic dream.”

Capt. Allen loves her sport because the events are so diverse. Pentathletes must possess skill, speed, endurance and agility. She gets pumped up for competition by listening to music.

She is a graduate of Pioneer Regional High School in Royal Center, Ind., and the U.S. Military Academy at West Point, N.Y., where she ran cross country and track. When not training, Capt. Allen likes to relax.

For more information about the United States Army's World Class Athlete Program, contact the CFSC Public Affairs Office, pao@cfsc.army.mil, 703-681-1548/49 or visit www.armymwr.com.